

RASHAD AL-GHURABI, MD

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PROFESSIONAL SUMMARY

Neurology physician completing the Egyptian Neurology Fellowship Program in Cairo, with clinical subspecialty expertise spanning multiple sclerosis and neuroimmunology, epilepsy, headache medicine, movement disorders, and neurophysiology. Extensive hands-on experience managing a high-volume neurology service (~70+ patients/week), including a dedicated MS service (diagnosis, DMT initiation/monitoring, CSF analysis, evoked potentials), a high-volume epilepsy caseload (~20 EEGs/week, drug-resistant epilepsy management, status epilepticus care), and headache medicine (migraine, cluster, secondary headache workup). Prior critical care background includes ICU leadership during the COVID-19 response in Yemen. International scholarship recipient (ILAE, IFCN, IHS, MENACTRIMS) with clinical training and observerships across Egypt, Europe, and South America. Founder of the Yemen Neurology Network, building neurological education and subspecialty capacity in Yemen and the wider Arab world. Actively engaged in medical education, evidence-based digital content development, and early-stage clinical research.

CLINICAL WORK EXPERIENCE

Neurology Resident — Egyptian Fellowship Program, Nasser Institute Hospitals, Cairo

Jan 2025 – May 2026

- Specialized Multiple Sclerosis (MS) service: diagnosis, DMT initiation/monitoring, and longitudinal disease management.
- Performed lumbar punctures, CSF analysis, and visual evoked potentials (VEP) as part of MS diagnostic workup; contributed to MS multidisciplinary team (MDT) discussions.
- Epilepsy service: managed 70+ cases/week across outpatient clinic and ward admissions, including first-seizure work-up, drug-resistant epilepsy, and emergency management of status epilepticus.
- EEG interpretation (~20 EEGs/week), EMG/NCS, and neuromuscular ultrasound for complex inpatient and outpatient cases.
- Managed a high-volume general neurology service (~70+ patients/week) spanning headache, movement disorders, neuromuscular, and pediatric neurology; assisted with botulinum toxin injections for movement disorders and spasticity.
- Led resident-level case teaching and weekly epilepsy/MS case discussions; supervised junior residents and conducted EEG interpretation workshops.

Neurology Resident — Egyptian Fellowship Program, Al-Azhar University Hospitals, Cairo

May 2023 – Dec 2024

- Complex case management in emergency, ICU, and inpatient neurology settings.
- Performed EMG, NCS, EEG, and VEP; led weekly case presentations and contributed to resident teaching.
- Managed movement disorders (Parkinson's disease, tremor, dystonia), headache, and pediatric neurology clinics.

Neurology Resident — Salah Fathi Hospital, Cairo

Mar 2021 – May 2023

- Provided emergency and outpatient neurological care with a focus on acute presentations.

Medical Director — Alborj Consultant Hospital, Mukalla, Hadhramout, Yemen

Apr 2020 – Mar 2021

- Executive Leadership: Directed clinical operations, healthcare staffing, and resource allocation during peak pandemic conditions.
- Crisis Management: Designed hospital-wide triage, infection control protocols, and critical care surge capacity plans.
- Supervised multidisciplinary teams across adult, pediatric, and neonatal departments to maintain continuity of high-acuity care.

Senior ICU / Critical Care Resident — Dr. Riyadh Al-Jariri COVID-19 Hospital, Hadhramout, Yemen

Apr 2020 – Mar 2021

- Supervised care of 25+ critically ill COVID-19 patients daily; applied mechanical ventilation and advanced oxygen therapy protocols.
- Led advanced life support (ALS, ACLS) interventions with a 90% patient stabilization rate.

Adult, Neonate & Pediatric Intensivist — Alborj Consultant Hospital, Mukalla, Hadhramout, Yemen

May 2017 – Feb 2021

- Managed critically ill patients across ICU, NICU, and PICU under consultant supervision.
- Provided comprehensive life support (ALS, ACLS, PALS, PBLIS) with measurable patient outcomes.

LEADERSHIP & PROFESSIONAL INITIATIVES

Founder & Director — Yemen Neurology Network

2025 – Present

- Founded a professional neurology network to strengthen neurological education and subspecialty capacity in Yemen and the wider Arab world.
- Focus areas: MS/neuroimmunology, epilepsy/EEG, headache medicine, neurophysiology, and clinical neurology education.
- Active LinkedIn community facilitating case discussions, subspecialty resources, and international training opportunities for Arab neurologists in low-resource settings.

MEDICAL EDUCATION & DIGITAL OUTREACH

LinkedIn Medical Education Contributor

2024 – Present

- Publishes evidence-based neurology educational content in Arabic and English targeting physicians and medical students, spanning MS/neuroimmunology, epilepsy, headache, stroke, and clinical reasoning frameworks.
- Designs infographic-style posts and visual summaries for health literacy campaigns aimed at Arabic-speaking populations, including a public awareness campaign on sudden neurological death in young adults.
- Authored two educational handbooks: Neuro Notes and Neuro Exam Notes.

EDUCATION & TRAINING

Egyptian Fellowship in Neurology — Cairo, Egypt

Apr 2021 – Present

- Comprehensive training across MS/neuroimmunology, epilepsy, headache, movement disorders, stroke, and neurophysiology.
- Proficient in EEG, EMG, NCV, VEP, TMS, and quantitative neuromuscular ultrasound.

Medical Internship (PGY-I) — Cairo University Hospitals, Egypt

Apr 2015 – Apr 2016

- Multidisciplinary rotations in surgery, internal medicine, obstetrics, pediatrics, and emergency medicine.

MBBCh — Bachelor of Medicine and Surgery — Cairo University Faculty of Medicine, Egypt

Oct 2008 – Nov 2014

SELECTED COURSES & PROFESSIONAL DEVELOPMENT

- HEADACHES_T Course — Unitelma Sapienza University, Italy (2025)
- Advanced Neuroimaging Courses — Radiopaedia (2025)
- Migraine Evidence-Based Learning Program — Cairo University (2024)
- Quantitative EMG & Neuromuscular Ultrasound — IFCN, Aarhus, Denmark (2024)
- Medical Neuroscience — Duke University, Coursera (2024)
- Managing Multiple Sclerosis — Consortium of Multiple Sclerosis Centers (CMSC)

- Clinical Neurology — UCSF (2022–2023)
- NIHSS Certification — Angels Initiative (2022–2023)
- Introduction to Statistics in Research — INASP self-study course (2026, in progress)

AWARDS & SCHOLARSHIPS

- Headache Training Program Scholarship — UK (2026)
- IHEAD Academy Scholarship — International Headache Congress, Albert Einstein Israelite Hospital, São Paulo, Brazil (2025)
- IFCN Neurophysiology & Neuromuscular Ultrasound Scholarship — Denmark (2024)
- ILAE Epilepsy Scholarship — Egypt (2024)
- Neurology Fellowship Scholarship — Hadhramout Organization, Egypt (2021)
- Medicine (MBBCh) Scholarship — Ministry of Higher Education of Yemen (2008)
- Best Student Prize — Hadhramout Province, Yemen (2007)

CONFERENCES & PRESENTATIONS

- International Headache Congress — São Paulo, Brazil (2025)
- MENACTRIMS Congress — Annual Participant & Contributor, Egypt/KSA/UAE (2023–2025)
- Annual Speaker — Nasser Institute Hospitals Neurology Conference (2024)
- Global Congress on Population, Health, and Development — Cairo (2023)
- Multiple international neurology and stroke conferences (2021–2025)

PROFESSIONAL MEMBERSHIPS

- International League Against Epilepsy (ILAE)
- International Headache Society (IHS)
- European Academy of Neurology (EAN)
- Consortium of Multiple Sclerosis Centers (CMSC)
- MENACTRIMS (Middle East North Africa Committee for Treatment and Research in Multiple Sclerosis)

CLINICAL SKILLS

- Neurodiagnostics: EEG interpretation, EMG/NCS, VEP, TMS, quantitative neuromuscular ultrasound
- Neuroimmunology: MS diagnosis, DMT initiation/monitoring, CSF analysis, evoked potentials
- Epilepsy: first-seizure work-up, drug-resistant epilepsy, ASM management, status epilepticus
- Movement Disorders: Parkinson's disease, dystonia, tremor syndromes, botulinum toxin administration
- Headache Medicine: migraine, cluster and secondary headache workup, evidence-based management
- Critical Care: ALS, ACLS, PALS, PBLS; ICU/NICU/PICU management, mechanical ventilation
- Procedures: lumbar puncture, EMG/NCS, neuromuscular ultrasound

LANGUAGES

Arabic — Native | English — Advanced (IELTS 6.5) | German, Danish, Spanish — Basic conversational

References available upon request